

Three intervention evaluation study groupings had a total of 8 outcomes (short-term, intermediate, or long-term), including 8 net positive, 0 net negative, and 0 neutral effects. No studies were completed with high-risk populations.

Environment and Policy Indicators

Short-term Outcomes**

Intermediate Outcomes

Long-term Outcomes

Moving to Housing Developments with Increased Community Access
(e.g., fewer cul de sacs, multiple routes, accessibility)

4 **+** 0 **x** 0 **-**

Construction and Maintenance of Sidewalks
(e.g., increasing sidewalk continuity)

2 **+** 0 **x** 0 **-**

2 **+** 0 **x** 0 **-**

More Physical Activity

Moderate intensity physical activity
 2 **+** 0 **x** 0 **-**
 Meeting physical activity recommendations
 2 **+** 0 **x** 0 **-**
 Walking
 1 **+** 0 **x** 0 **-**
 Meeting walking recommendations
 1 **+** 0 **x** 0 **-**

Less Overweight and Obesity

Body mass index
 2 **+** 0 **x** 0 **-**

Less Sedentary Behavior
 (No Studies)

Key:

- +** Net Positive Effect
- x** No/Neutral Effect
- Net Negative Effect

**Short-term outcomes are not reflected in the peer reviewed literature.

Figure 22A: Street Design